



Boyce Ball Training Program

PROGRAM INFORMATION

Hands-On Instruction - Pro Evaluation

AGES: 6 and up

EXPERIENCE LEVELS: ALL

Register by calling **651.319.2307**

REGISTRATION AND TRAINING SESSION INFORMATION

PLAYERS	SINGLE SESSION	5 SESSION PACKAGE
1	\$55/hour	\$250
2	\$50/hour per player	\$225 per player
3	\$45/hour per player	\$200 per player
4 - 6	\$40/hour per player	\$175 per player
One on One	\$90/hour	\$425

* All players will be placed into groups of 2 to 4 players unless signed up for the one on one or the 4 - 6 player price



PROGRAM HIGHLIGHTS

LEARN HITTING MECHANICS!

Work on batting techniques and fundamentals
Numerous soft toss and tee drills
Swing drills to create faster bat speed
Batting tunnels with live pitching & pitching machines

VIDEO ANALYSIS SOFTWARE!

Creates perfect swing one frame at a time
Determines correct swing plane
Provide positive feedback response
Fully illustrates players swing mechanics

LEARN PROPER DEFENSE MECHANICS!

Work on basic fielding form
Ground ball and fly ball drills
Fore hand and back hand techniques

LEARN PROPER THROWING MECHANICS!

Basic throwing drills
Arm strengthening drills featuring resistance throwing cords

JOE BOYCE BIOGRAPHY

- All-State baseball player at Coon Rapids High School
- Selected to the Minnesota State High School All Star Team
- Drafted by the Minnesota Twins Professional Baseball Organization
- Minor League player for 5 seasons
- High School baseball coach
- Professional Hitting/Fielding Instructor for 18 seasons
- Instructor for Little League coaches clinics.
- Evaluator for Gophers State traveling baseball tryouts
- Director of Acceleration North Baseball Program



Boyce Ball Training Program

Joe Boyce - Instructor

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651.319.2307

boyceballtraining@comcast.net